

Martells Way Foundation



Martells Way Foundation  
"Serving the Youth of Today"  
Success is Achievable  
7004 Security Blvd Suite 300 -A24  
Baltimore MD 21244

Our Mission is to develop a positive active healthy lifestyle for children "through education & activity."

This Contract for service is between Martells Way Foundation and

\_\_\_\_\_

Name of Youth Enrolled: \_\_\_\_\_

Street Address of enrollee: \_\_\_\_\_

City, State and zip code: \_\_\_\_\_

Age: \_\_\_\_ D.O.B: \_\_\_\_\_ Gender: \_\_\_\_\_ Grade: \_\_\_\_\_

Emergency Contact Information

Name: \_\_\_\_\_ Contact # \_\_\_\_\_

Name: \_\_\_\_\_ Contact # \_\_\_\_\_

Parent or Legal Guardian Name: \_\_\_\_\_

Parent/Guardian contacts # \_\_\_\_\_

## Martells Way Foundation

Martell's Way Foundation is an enrichment program that teaches (13) courses.

This is a one-year program for youths between the ages of 5 to 20 years age. Classes are held Monday through Friday from 3:30 pm to 7:30 pm. Saturday classes are held from 10:00 am to 2:00 pm. All classes start promptly at the scheduled times and end at the scheduled time. Students will not be permitted to attend more than 15 minutes after the start of each session.

All students and parents/guardians will be notified 24 hours in advance of any cancellations.

Mixed Martial Arts Include:

1. Jiu Jitsu Is a Martial Art combat sport and self-defense system. This sport is a great method for promoting fitness and character building in youth.
2. Taekwondo: is an Ancient Korean Martial Art training which incorporates both physical and mental skills to create a well-rounded individual with character.

Health and Fitness: children who are physically fit have a positive self-image, higher self-esteem and sleep better. Exercise prevents childhood obesity, diabetes, high blood pressure and reduces the risk of developing heart disease. Children are educated in Nutrition and Health. assist them in developing healthy eating habits and make informed choices about the food they eat.

CPR (Cardiac Pulmonary Resuscitation) There will be a full day training class which is included in the health & fitness course. The student will receive CPR training under American Heart Association Guidelines and obtain the CPR cards.

Modeling: This class is a great way of building self-confidence in children and teenagers by learning what takes to be a model. Students will be taught runway walking, proper stances, posture, pose, hair care, etiquette and communication skills. There will be a graduate fashion show at the end of the course.

Tutoring: This class provides the youth with a safe, positive, and stimulating environment to explore learning and experience academic and personal success. Our program focuses on building educational confidence and academic support and mentoring throughout their school year.

Peer Pressure: This class encourages open and honest communication to help the child prepare for situations of negative peer pressure. Supporting them in finding a safe space and support of a peer who is also willing to say "no." With several tips to help the children avoid negative peer pressure and respond in a healthy way.



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**Conflict Resolution:** This class will teach young children and teenagers how to understand conflict. It will focus on how to make positive choices regarding conflict. This class is a great way to help students become confident and build healthy social skills. This class will also promote a positive and peaceful solution in dealing with conflict.

**Basketball Program:** This program is designed to introduce participants aged 5-20 to the fundamentals of basketball. Over six weeks, students will learn essential skills, understand game strategies, and build teamwork and sportsmanship. Each week focuses on different aspects of basketball, combining drills, practice sessions, and gameplay.

**Reading Program:** Is designed to foster a love for reading and improve literacy skills among participants aged 5-20. Over six weeks, students will explore various genres, develop critical reading strategies, and participate in engaging activities that enhance their comprehension and analytical skills. Each week focuses on different aspects of reading, including book discussions, creative projects, and reading challenges.

**Beginner Auto Mechanic Program:** The Beginner Auto Mechanic Program is designed to introduce participants aged 10-20 to the basics of automotive maintenance and repair. Over six weeks, students will gain hands-on experience, develop technical skills, and build a solid foundation in automotive mechanics. Each week will focus on a different aspect of auto mechanics, combining theoretical knowledge with practical application.

**One on One Service:** This is a service to monitor a child for the purpose of safety. The client worker will use four strategies to manage disruptive behavior. The four strategies are Positive attention, Validation, consistency, routine and being a positive role model. This service is a great way to reduce defiance, difficulty with transitions, irritability and improve well-being in the student lifestyle.

**Transportation Service:** We are committed to ensuring that all campers have safe and reliable transportation to and from camp. Our transportation service is designed to provide a convenient and stress-free experience for both campers and their families, allowing them to focus on enjoying the camp's enriching activities and programs.

**Sitter Program:** The Sitter Program is designed to provide displaced youth and young adults with a safe, supportive environment where they can receive guidance, develop essential life skills, and work towards personal and educational goals. The program offers a holistic approach to address the unique challenges faced by displaced individuals, focusing on stability, self-sufficiency, and community integration.



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The cost of enrollment is \$30.00 for each session. Each session is held for 1 hour and meet 2 or 3 times weekly.

Health and Fitness sessions are held for 4 hours on Saturdays.

One on one services are \$40.00 an hour.

Transportation services are \$45.00 an hour.

Sitter services are \$45.00 an hour.

Payments may be made weekly or monthly.

Weekly payments must be made at the beginning of each month.

Monthly payments must be made no longer than the 5th of each month.

Payments must be made before the service is rendered.

There is a \$100.00 assessment fee for mixed Martial Arts and Health and Fitness classes. There is a one-time \$30.00 registration fee.

Select Class:

Mixed Martial arts (2 days weekly, 2 hour each day)

Health and Fitness (1 day weekly for 4 hours, Saturdays only)

CPR included in (Health and Fitness) 1 day.

Financial Literacy (3days weekly, 1 hour each day)

Conflict Resolution (3 days weekly, 1 hour each day)

Modeling (3 days weekly, 1 hour each day)

One on One Service

Transportation

Tutoring



Martells Way Foundation

- \_\_\_ Reading Program
- \_\_\_ Peer Pressure
- \_\_\_ Beginner Auto Mechanic
- \_\_\_ Basketball Program
- \_\_\_ Sitter Program

Form of Payment:

Weekly: \_\_\_\_\_

Monthly: \_\_\_\_\_

Martell's Way Foundation Will not tolerate any forms of discrimination or bullying against anyone for face, color, creed or religious beliefs. Any student in violation of the above-mentioned offenses will be counseled for the first offense, 2nd offense will result in termination from the program.

Parent or Legal Guardian Signature:

\_\_\_\_\_

Home or Cell # \_\_\_\_\_

Director Signature: \_\_\_\_\_

Date: \_\_\_\_\_

